

# University of Houston-Victoria



## Drug Education & Drug Testing Program 2016-17



Athletics  
University of Houston-Victoria  
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## **DRUG EDUCATION AND DRUG TESTING PROGRAM**

The University of Houston-Victoria (“University” or “UHV”) Department of Athletics understands that part of the protection of the health and safety of its student-athletes includes prevention and intervention concerning the abuse of certain legal and illegal substances. These substances can adversely affect a student-athlete’s academic performance as well as athletic performance, and general health.

In order to provide a healthy academic and athletic environment, the athletic department is dedicated to provide educational information on substance abuse and addiction. **The NAIA has mandated online drug education that all student athletes will be required to complete. Failure to do so could result in student athletes being suspended from competition until completed.** A vital component of this program is the drug screening of all UHV student-athletes. It is the intent of UHV that drug screening will serve as a deterrent to substance abuse. UHV understands that drug testing is not a solution for substance abuse, but will aid in the prevention of such abuse and to educate the student-athletes to the dangers of substance abuse in order that the student-athlete may reach full potential academically and athletically.

### **Banned Substances**

Student-athletes will participate in drug screening urinalysis for any and all of the substances that appear on the attached list of banned substances (see attachment A, hereinafter referred to as “banned substances”).

Except when prescribed by a qualified physician to treat a student-athlete’s medical condition, use of banned substances by a student-athlete in the UHV intercollegiate athletics program is prohibited, will be considered a significant violation of the University’s intercollegiate athletics program rules, and will subject the student-athlete to the disciplinary action as provided in detail below.

### **Random Drug Testing Program**

The random drug testing program for banned substances is applicable to all student-athletes participating in any NAIA sanctioned intercollegiate sport at The University of Houston-Victoria. Any UHV student-athlete is subject to testing regardless of whether or not the student-athlete receives any athletic-related financial aid (scholarship). Selection of student-athletes for random drug testing will be random at a ratio of one to every 6 athletes. There will be a minimum of one random drug test per semester, but there can be as many as 10 per semester. In addition, selection of student-athletes for drug testing may be made on suspicion of use as described in Section 2 below. **Any unexcused absence from testing may be treated as a positive test.**

## **School-Year Drug Testing Program**

In addition to the random drug testing program mentioned above, all UHV student-athletes are subject to school-year testing based on the following:

1. The University of Houston-Victoria Athletic Department staff will be responsible for selecting the dates on which drug testing will occur.
2. If the use of a banned substance is suspected, the University will have the authority (in addition to #1 above) to select specific student-athletes to be tested. An Athletic Administrator, Coach and/or Trainer may initiate the Reasonable Suspicion Process (see Appendix E) and call a student-athlete in for a confidential discussion surrounding the issues – academic, social, or athletic – of concern. Counseling will be assigned if determined appropriate by the Athletic Director or designee.

If selected for drug testing as part of the random drug testing program or the school-year drug testing program, student-athletes will be provided a Student-Athlete Notification Form. The time of notification will be recorded by the courier and the notification form will be read and signed by the student-athlete. One copy of the notification form will be provided to the student-athlete and one copy will be retained by the courier. **Any unexcused absence from testing may be treated as a positive test.**

**Student-athletes are required to provide advance notice to their head coach via email and copy the head athletic trainer of any planned absences from Victoria during the school week (Monday through Friday) during the school year.**

### **Notification**

Prior to any aspect of drug testing, each student-athlete and his parent(s), legal guardian (if under the age of 18) will receive a written copy of the UHV “Drug Education and Drug Testing Program” policy and a consent form in which the student-athlete acknowledges receipt, understanding of the program and provides voluntary consent to urinalyses involved and to release the results to the persons named on the consent form. Failure to sign the consent form disqualifies the student-athlete from participation in any NAIA sanctioned sports at The University of Houston-Victoria.

### **Disciplinary Action (Minimum recommendations):**

1. Following the first positive test result for a banned substance, the Athletic Director of UHV will be notified and will privately inform the Head Coach and the student-athlete. The student-athlete will be suspended for a minimum of approximately 10% of the maximum number of scheduled games allowed by the NAIA for which he/she is academically eligible and medically able to compete. Minimum suspensions per sport are as follows: Baseball: 6 games; Golf: 1 tournament; Soccer: 2 games; Softball: 6 games. Suspensions will carry over to the post-season and/or the next season if a student athlete has not served all required games or met all requirements for reinstatement. The Athletic

Director may allow the student-athlete to participate in team practices and team meetings during the suspension. In addition, the student-athlete will be required to participate in a drug counseling program at the student-athlete's expense. Additionally, the student-athlete will be required to submit to a follow-up test. The follow-up test will be administered after an interval of time sufficient for the previously found banned substance to be eliminated. If the follow-up test is positive for a banned substance, it will be considered a second positive test. Failure to submit to a follow-up test or participate in a drug counseling program will be treated by the University as though the student-athlete received a second positive test for a banned substance.

After a second positive test result for a banned substance, the Athletic Director will be notified and will privately inform the Head Coach and the student-athlete. After a second positive test for a banned substance, the student-athlete will be removed from the athletic program.

### **Appeal of Test Result and/or Disciplinary Action**

If a student-athlete tests positive for a banned substance, he/she has the right to appeal the test result and/or disciplinary action to the Athletic Director. The Athletic Director must receive by hand delivery or certified mail return receipt requested a written notification of appeal (found in Appendix D) initiated and submitted by the student-athlete, within 2 business days following the notification of the positive test. Within 5 business days following the Athletic Director's receipt of the student-athlete's notification of appeal, the Athletic Director will communicate his or her written decision to the student-athlete. The decision by the Athletic Director shall be final.

**UNIVERSITY OF HOUSTON-VICTORIA, DEPARTMENT OF ATHLETICS  
DRUG EDUCATION AND DRUG TESTING PROGRAM  
APPENDIX A**

**Because of the extensive nature and complexity of the banned-drug list, all student-athletes should consult with the Athletic Director and the student athlete's Head Coach prior to taking any medication or supplements.**

**Banned Drugs.** The following is the list of banned-substances by class:

**(a) Stimulants:**

amiphenazole	meclofenoxate
amphetamine	methamphetamine
bemigrade	methylphenidate
benzphetamine	(MDMA) (Ecstasy)
bromantan	nikethamide
<b>caffeine (1)</b>	pemoline
chlorphentermine	pentetrazol
cocaine	phendimetrazine
cropropamide	phenmetrazine
crothetamide	phentermine
diethylpropion	picrotoxine
dimethylamphetamine	pipradol
doxapram	prolintane
ephedrine	strychnine
ethamivan	and related compounds
ethylamphetamine	
fencamfamine	

**(b) Anabolic Agents:**

*Anabolic Steroids*

androstenediol	nandrolone
androstenedione	norandrostenediol
boldenone	norandrostenedione
clostebol	norenthandrolone
dehydrochlormethyl-testosterone	oxandrolone
dehydroepiandrosterone (DHEA)	oxymesterone
dehydrotestosterone (DHT)	oxymetholone
dromostanolone	stanozolol
fluoxymesterone	<b>testosterone (2)</b>
mesterolone	and related compounds
methandienone	
methenolone	<i>Other anabolic agents:</i>
methyltestosterone	clenbuterol

**(c) Diuretics:**

acetazolamide	hydroflumethiazide
bendroflumethiazide	methyclothiazide
benzthiazide	metolazone
bumetanide	polythiazide
clorothiazide	quinethazone
chlorthalidone	spironolactone
ethacrynic acid	triamterene
flumethiazide	trichlormethiazide
furosemide	and related compounds
hydrochlorothiazide	

- (d) **Street Drugs, including, but not limited to, the following:**  
heroin **THC (tetrahydrocannabinol) (3)**  
**marijuana (3)**

- (e) **Peptide Hormones and Analogues:**  
chorionic gonadotrophin human growth hormone (HGH, somatotrophin)  
human chorionic gonadotrophin (HCG) erythropoietin (EPO)  
corticotrophin (ACTH) sermorelin

All respective releasing factors of the above-mentioned substances also are banned.

(f) **Definition of Positive Depends on the Following**

- (1) For caffeine - if the concentration in the urine exceeds 15 micrograms/ml.
- (2) For testosterone - if the administration of the testosterone or the use of any other manipulation has the result of increasing the ratio of the total concentration of testosterone to that of epitestosterone in the urine to greater than 6:1, unless there is evidence that this ratio is due to a physiological or pathological condition.
- (3) For marijuana and THC - if the concentration in the urine of THC metabolite exceeds 5 nanograms/ml.

\*The term “related compounds” comprises substances that are included in the class by their pharmacological action and/or chemical structure. No substance belonging to the prohibited class may be used, regardless of whether it is specifically listed as an example

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DEPARTMENT OF ATHLETICS  
DRUG EDUCATION AND DRUG TESTING PROGRAM  
APPENDIX B**

**Disciplinary Action Contract**

I, \_\_\_\_\_, understand that on \_\_\_\_\_,

I was found to have a positive drug test result for \_marijuana (self-admitted)\_\_\_\_\_.

This constitutes a First Offense \_\_\_\_\_ Second Offense \_\_\_\_\_ Third Offense \_\_\_\_\_.

Following a meeting with\_\_\_\_\_, I understand that I will follow the appropriate sanctions for the offense as outlined in the University of Houston-Victoria Department of Athletics Drug Education and Drug Testing Program Policy, including participation in a drug counseling program at my expense.

My Head Coach may add the following sanctions or penalties:

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Failure to comply with any of the above sanctions may result in my suspension, dismissal, and /or adjustment or termination of my scholarship.

I have read, understand and agree to comply with the above.

\_\_\_\_\_  
Student-Athlete

\_\_\_\_\_  
Date

\_\_\_\_\_  
Athletics Director

\_\_\_\_\_  
Date



**UNIVERSITY OF HOUSTON-VICTORIA  
DEPARTMENT OF ATHLETICS  
DRUG TESTING REASONABLE SUSPICION  
REPORTING FORM  
Appendix D**

I, \_\_\_\_\_, as a proactive measure, report the following objective sign(s), symptom(s) or behavior(s) that I reasonably believe warrant \_\_\_\_\_ be referred to the Athletic Director for an intervention  
Name of Student-Athlete

Meeting, counseling and/or possible drug testing. The following sign(s), symptom(s) or behavior(s) were observed by me over the past \_\_\_\_\_ hours and/or \_\_\_\_\_ days.

Please check below all that apply:

The Student-Athlete has shown:

- \_\_\_\_\_ irritability
- \_\_\_\_\_ loss of temper
- \_\_\_\_\_ poor motivation
- \_\_\_\_\_ failure to follow directions
- \_\_\_\_\_ verbal outburst (e.g. to faculty, staff, teammates)
- \_\_\_\_\_ physical outburst (e.g. throwing equipment)
- \_\_\_\_\_ weight gain
- \_\_\_\_\_ weight loss
- \_\_\_\_\_ sloppy hygiene and/or appearance

The Student-Athlete has been:

- \_\_\_\_\_ late for practice
- \_\_\_\_\_ late for class
- \_\_\_\_\_ not attending class
- \_\_\_\_\_ receiving poor grades
- \_\_\_\_\_ staying up too late
- \_\_\_\_\_ missing appointments
- \_\_\_\_\_ missing/skipping meals
- \_\_\_\_\_ sleeping in class/study hall

The Student-Athlete has demonstrated the following:

- \_\_\_\_\_ dilated pupils
- \_\_\_\_\_ constricted pupils
- \_\_\_\_\_ smell of alcohol on the breath
- \_\_\_\_\_ smell of marijuana
- \_\_\_\_\_ staggering or difficulty walking
- \_\_\_\_\_ constantly running and/or red nose

- \_\_\_\_\_ recurrent bouts with a cold or the flu (give dates \_\_\_\_\_)
- \_\_\_\_\_ over stimulated or "hyper"
- \_\_\_\_\_ excessive talking
- \_\_\_\_\_ withdrawn and/or less communicative
- \_\_\_\_\_ continually wearing sunglasses when unnecessary
- \_\_\_\_\_ periods of memory loss
- \_\_\_\_\_ slurred speech

The student-athlete has been cited for the following:

- \_\_\_\_\_ recurrent motor vehicle accidents and/or violations (give dates \_\_\_\_\_)
- \_\_\_\_\_ Minor-in-Possession
- \_\_\_\_\_ DWI/DUI
- \_\_\_\_\_ Violation(s) of campus drug and alcohol policy

Other specific objective findings include:

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### Signatures

\_\_\_\_\_  
Print Name of Athletic Dept. Staff

\_\_\_\_\_  
Signature of Athletics Dept. Staff

\_\_\_\_\_  
Date

Reviewed By: \_\_\_\_\_  
Athletic Director Date

Coach Notified  Date: \_\_\_\_\_

- Reasonable suspicion finding upheld
- Reasonable suspicion finding denied

Intervention Meeting Scheduled:

Date: \_\_\_\_\_  
Time: \_\_\_\_\_  
Location: \_\_\_\_\_

**STUDENT-ATHLETE DRUG TESTING NOTIFCATION FORM**

Appendix E

Persuant to the drug testing provisions set forth in the “UHV Drug Education and Drug Testing Program,” I hereby acknowledge that I have read this form and understand that I have been randomly selected to be tested under the guidelines of the program.

\_\_\_\_\_  
Time of Notification

\_\_\_\_\_  
Date

I hereby consent to have a sample of my urine collected and tested through the University of Houston-Victoria and/or its agents, in accordance with the provisions of the NAIA and the University of Houston-Victoria Drug Education and Drug Testing Policy. I agree to provide such urine samples at the time and location and under conditions for collection, as determined by the Director of Athletics of the University of Houston-Victoria or his or her designee.

**I understand if my collected sample is sent to the lab for further testing it is not indicative of a positive drug test at this time. The test is not confirmed positive until verified by the lab analysis that proves the sample contains a banned substance.**

\_\_\_\_\_  
**Print Name of Student**

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Courier Name**

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Date**

**UNIVERSITY OF HOUSTON-VICTORIA  
DEPARTMENT OF ATHLETICS  
DRUG EDUCATION AND DRUG TESTING PROGRAM  
APPENDIX F**

**CONSENT TO DRUG TESTING**

**AND AUTHORIZATION FOR RELEASE OF INFORMATION**

**TO:** Director of Athletics  
University of Houston-Victoria

I hereby acknowledge that I have received a copy of the University of Houston-Victoria Drug Education and Drug Testing Program Policy (“Policy”). I further acknowledge that I have read the Policy, that it has been outlined to me, and that I fully understand the provisions of the Policy.

I hereby consent to have a sample of my urine collected and tested through the University of Houston-Victoria and/or its agents, in accordance with the provisions of the NAIA and the University of Houston-Victoria Drug Education and Drug Testing Policy during the current academic year and during any subsequent years in which I might be a member of an intercollegiate athletic team at the University of Houston-Victoria. I agree to provide such urine samples at the time and location and under conditions for collection, as determined by the Director of Athletics of the University of Houston-Victoria or his or her designee.

I further authorize you to make a confidential release to the head coach of any intercollegiate sport in which I am a team member; and the head trainer and head team physician of the University of Houston-Victoria, as well as the President of the University of Houston-Victoria, all information and records, including test results, you may have relating to the testing or screening of my urine in accordance with the Policy. To the extent set forth in this document, I waive any privilege I may have in connection with such information.

I further release the University of Houston-Victoria (“UHV”), the University of Houston System (“System”), and UHV’s and the System’s board members, officers, employees and agents from any legal responsibility, liability, claims, or causes of action created by or arising out of any act or omission related to the screening and testing of my urine samples, and/or for the release of such information and records pertaining to my test results.

\_\_\_\_\_  
**Print Name**

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Date**